

Your **TIME** -or- **MONEY** makes the difference!

Big Sky Senior Services is the only local non-profit providing direct in-home services to help senior citizens and adults with disabilities to remain living in their homes as long as possible. Your tax deductible donation allows us to offer financial assistance to low income clients.

I would like to make a tax-deductible donation as follows:

\$ _____ for program services

\$ _____ for the Endowment

\$ _____ in Memory* of:

_____ 

**A letter will be sent to the family notifying them of your donation.*

Family name/address:

I am interested in volunteering.

NAME

ADDRESS

CITY / STATE / ZIP

PHONE

EMAIL

Donations can be made online at
www.bigskyseniorservices.org



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ABOUT OUR HISTORY

Big Sky Senior Services

— is a local non profit providing services to senior citizens since 1977. Our combined efforts offer comprehensive support services to help elders maintain their independence and quality of life by providing in-home care, representative payee services or volunteer support.

Community Partners _____



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www.bigskyseniorservices.org

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Helping Senior Citizens to remain **living** in their homes, **enhancing** quality of life, **promoting** independence and **keeping** them **safe** and **free** from abuse.



bigskyseniorservices.org



HELPING SENIORS STAY IN THEIR HOMES WITH IN-HOME CARE SERVICES.

Senior Helping Hands helps seniors 60 years or better living in Yellowstone, Carbon and Stillwater counties. Services are tailored to meet the individual needs of each client. Clients with limited income may qualify for discounted service rates.

Homemaking Services

- Light housekeeping
- Laundry/linens change
- Kitchen/dishes
- Bathrooms

Meal Services

- Meal preparation
- Grocery & pharmacy shopping

Personal Care Services

- Respite care
- Range of motion
- Bathing/Skin care

Nursing Services

- Medication set-up
- Consultation with physicians
- Physical assessments
- Vital signs checks
- Dietary consultation & nutritional assessment

Home Safety Checks



PROTECTING SENIORS AND PEOPLE WITH DISABILITIES FROM ABUSE AND NEGLECT.

Prevention of Elder Abuse works to prevent abuse, neglect and financial exploitation through a representative payee program, case management and community education.

The Representative Payee program helps clients who are unable to manage their own finances and protects them from fraud, predatory lenders and exploitation. Budgets are created so bills are paid in a timely manner. We work collaboratively with other service providers to ensure client has case management. That includes applications for financial assistance programs for housing, SNAP, and LIEAP.

Elder Abuse Awareness Training provides education on signs of abuse and how to report suspicions.

Big Sky Senior Services is a proud partner of St. John's United Home Health and Hospice. If you or a loved one is in need of skilled health care services or have a life-limiting illness or medical condition requiring hospice, call St. John's United Home Health and Hospice at 655-5800.



PROVIDING SENIORS WITH COMPANIONSHIP AND SAFETY.

Volunteers are matched to clients to offer support and companionship to homebound seniors experiencing the effects of social isolation.

Phone Friends call their assigned senior on a regular basis to provide a friendly voice and conversation. These calls are also reassurance checks.

Visiting Friends get together with their senior once a week to play games, enjoy a chat, and go out for a drive, meal or shopping.

Dementia Friendly Billings works to raise dementia awareness and develop respect and inclusion for persons with dementia, their care partners, and their families. Our presentations are designed to raise understanding of dementia, define dementia, educate about warning signs, and share tips on compassionate communication. Call us for more information or to volunteer.

The Yellowstone County Guardianship Council consists of professionals who volunteer to serve as a guardian for wards who are deemed by a court to lack capacity to make housing, medical, or financial decisions and have no family member available, willing or suitable to do so on their behalf.